

Holiday Spirit Class Challenge

For this challenge, during one of your upcoming classes for the holiday week of July 1st - July 6th, dress up wearing Red, White and Blue and participate in a holiday workout designed by your trainer. Get in the holiday spirit and have a little fun with your class! Take a class picture and your Trainer will email me that picture at efaught@princetonclub.net by Tuesday, Saturday, July 6th, end of classes. Get 5 total points for your team by just participating! If everyone on your team that attends class that day participates, you get an additional 5 points.